

PE Year 7



TERM	KEY READING	ADDITIONAL RESOURCES
AUTUMN 1	Booked, The Crossover and Rebound by Kwame Alexander	https://www.mysportscience.com/
AUTUMN 2	Incredible Sporting Champions by Georgia Bradshaw	https://www.uksport.gov.uk/afn/athlete-blogs
SPRING 1	Kick by Mitch Johnson	https://www.bbc.co.uk/programmes/p02gsmh/episodes/player
SPRING 2	Rugby by Dorling Kindersley	https://shows.acast.com/thetennispodcast
SUMMER 1	Ghost by Jason Reynolds	https://www.bbc.co.uk/sounds/series/p06qbt0y
SUMMER 2	Football School Series by Alex Bellos and Ben Lyttleton	https://player.fm/podcasts/Youth-Sports

PE Year 8



TERM	KEY READING	ADDITIONAL RESOURCES
AUTUMN 1	Rugby Academy by Tom Palmer	
AUTUMN 2	Shut Out by Howard Bryant	
SPRING 1	Gymnastics by Paul Mason	
SPRING 2	Moneyball by Michael Lewis	
SUMMER 1	Bowl Like the Devil by Bob Cattell	
SUMMER 2	Cricket by Clive Gifford	

PE Year 9



TERM	KEY READING	ADDITIONAL RESOURCES
AUTUMN 1	Playing the Enemy by John Carlin	http://www.brianmac.co.uk/index.htm
AUTUMN 2	Gold by Chris Cleave	http://www.1st4sport.com/
SPRING 1	Sports Media History by Routeledge	http://www.bbc.co.uk/education/subjects/znyb4wx
SPRING 2	The Boxer by Niklesh Shukla	Sport Science www.sportsci.org
SUMMER 1	Ali: A Life by Jonathan Eig	Nutrition www.livestrong.com
SUMMER 2	The Weight of Water by Sarah Crossan (Verse)	Human Kinetics www.humankinetics.com

PE Year 10



TERM	KEY READING	ADDITIONAL RESOURCES
AUTUMN 1	Mindset by Jackie Reardon and Hans Dekker	https://podcast.sport-social.co.uk/podcast/the-analyst-inside-cricket/
AUTUMN 2	Mindset by Jackie Reardon and Hans Dekker	https://filestore.aqa.org.uk/resources/pe/AQA-8582-VOCAB.PDF
SPRING 1	Anita Bean— The complete Guide to Sports Nutrition	https://theathletic.com/podcast/144-athletic-football-podcast/
SPRING 2	Brad Walker—The Anatomy of Sports Injuries	https://www.jhse.ua.es/index
SUMMER 1	Costas Karageorghis & Peter Terry— Inside Sport Psychology	https://soundcloud.com/englandathletics
SUMMER 2	Going for Gold by Jocelyn Andrews	Touching the Void by Joe Simpson (Great DocuFilm on Netflix as well)

PE Year 11



TERM	KEY READING	ADDITIONAL RESOURCES
AUTUMN 1	<ul style="list-style-type: none"> AQA GCSE Physical Education: Student Book by Kirk Bizley 	https://www.mysportscience.com/
AUTUMN 2	<ul style="list-style-type: none"> The Sports Book: The Sports. The Rules. The Tactics. The Techniques 	https://www.uk sport.gov.uk/afn/athlete-blogs
SPRING 1	Behind the Mask: Winner of the Telegraph Sports Book of the Year by Tyson Fury	https://www.jssm.org/
SPRING 2	A.J. Dungo In Waves	TECHNOLOGY IN SPORT - https://www.kreedon.com/innovative-sports-technology/?amp
SUMMER 1	Marcus Rashford You Are A Champion: How To Be The Best You Can Be	Hooliganism article: https://urlsand.esvalabs.com/?u=https%3A%2F%2Fwww.theguardian.com%2Ffootball%2F2022%2Ffeb%2F18%2Fthe-shocking-rise-of-disorder-at-matches&e=ee6b9302&h=cb41b990&f=y&p=n
SUMMER 2		