Lunch Menu WEEK ONE - AUTUMN WINTER

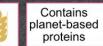


(Ve) vegan option

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
ST*R DISH	Homemade Macaroni Cheese with Crispy Fried Onions	Homemade Beef & Vegetable Pastry Pie	Traditional Pork Sausage Toad in the Hole & Onion Gravy	Smoky BBQ Chicken & Vegetable Burrito	Sustainably Sourced Battered Fish & Chips
MEAT	Smoky Mexican Five Bean Tart	Butternut Squash & Cauliflower Curry with Rice (ve)	Cheese & Onion Puff Pastry Roll & Oven Baked Wedges	All Day Breakfast Quorn Sausage Burrito (ve)	Cheese & Tomato Pizza & Chips
HALAL		Homemade Beef & Vegetable Pastry Pie	Chicken Toad in the Hole & Onion Gravy	Smoky BBQ Chicken & Vegetable Burrito	
ĞRAB & GO+	Thai Spiced Massaman Aubergine Curry & Rice	Currywurst Quorn Sausages (ve)	Wholegrain Pizza Panini	Aubergine Shawarma Flatbreads	Pepperoni Pizza & Chips
	Broccoli, Sweetcorn, Baked Beans, Coleslaw Salad, Mixed Salad	Mashed Potato, Rice, Mixed Vegetables, Baked Beans, Mixed Salad	Thyme Roasted Potatoes, Carrots & Cauliflower, Baked Beans, Mixed Salad	Potato Wedges, Green Beans, Baked Beans, Mixed Salad	Peas, Baked Beans, Mixed Salad
Het	Hearty Apple Crumble (ve)	Golden Syrup Sponge (ve) with Custard	Homemade Jam Sponge (ve)	Marble Sponge Cake (ve) with Custard	Giant Chocolate Cookie (ve)









Lunch Menu WEEK TWO - AUTUMN WINTER (Ve) vegan option



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	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
ST*R DISH	Homemade Macaroni Cheese with Crispy Fried Onions	Chinese Style Chicken Meatballs & Rice	Roast Gammon with Gravy	Caribbean Jerk Chicken with Rice & Peas	Sustainably Sourced Battered Fish & Chips
MEAT	Homemade Plant-Based Cottage Pie	Buffalo Coated Roast Cauliflower Tortilla with Pickled Red Cabbage Slaw	Mexican Vegetable Tostada with Spicy Mixed Peppers, Tomatoes & Beans	Cheese & Onion Puff Pastry Roll & Oven Baked Wedges	Cheese & Tomato Pizza & Chips
HALAL		Chinese Style Chicken Meatballs & Mixed Rice	Oven Baked Chicken Sausages & Rich Onion Gravy	Caribbean Jerk Chicken with Rice & Peas	
ĞRAB & GO+	Tomato & Basil Pasta Pot (ve)	Homemade Falafel, Salad & Tomato Salsa Greek Wrap (ve)	American Style Loaded Cheese, Pepperoni & Jalapeno Tart	Classic Pasta Primavera with Seasonal Vegetables (ve)	Pepperoni Pizza & Chips
	Peas, Roasted Cumin Carrots, Baked Beans, Mixed Salad	Green Beans, Sweetcorn, Baked Beans, Mixed Salad	Thyme Roasted Potatoes, Savoy Cabbage, Carrots, Baked Beans, Mixed Salad	Sweetcorn, Garden Peas, Baked Beans, Mixed Salad	Peas, Baked Beans, Mixed Salad
HOT PUDS	Chocolate Shortbread (ve)	Banana Sponge (ve) & Custard	Lemon Drizzle Cake (ve)	Marble Sponge (ve) & Custard	Iced Vanilla Sponge (ve)

Portions(s) of fruit or veg







Lunch Menu WEEK THREE – AUTUMN WINTER (Ve) vegan option



Green Earth Wednesday Tuesday Thursday Friday Monday **Indian Spiced** Piri Piri Chicken Beef & Root Sticky Hoi Sin Sustainably Butternut & Sweetcorn **Vegetable Mince** Chicken with Sourced Battered Squash, Meatballs & Rice & Gravy, **Edamame Beans** Fish & Chips Yorkshire Aubergine & & Rice Chickpea Pudding ST★R DISH **Dhansak Curry &** Rice (ve) Cheese & Homemade **Italian Style** Quorn & Root Homemade Cheese, Potato Quorn Vegetable Mince Indian Spiced Tomato Pizza & & Onion Pie Bolognaise with & Gravy, **Onion Bhaji** Chips MEAT FREE Penne Pasta Yorkshire Burger (ve) Pudding Chicken Piri Piri **Oven Baked** Sticky Hoi Sin Meatballs & Rice Chicken Chicken with Sausages & Rich **Edamame Beans** HALAL **Onion Gravy** & Rice **Green Pesto** Cajun Style Dirty **Turkish Lentil** Pepperoni Pizza Thai Green Penne Pasta Vegetable Rice Vegetable Curry Kofte Wrap with & Chips ĞRAB & GO≁ & Rice (ve) (ve) Tzatziki Dressing 0 \star Carrot & Swede, Cajun Wedges Thyme Roasted Carrots, Chips Mixed Green Beans, Cauliflower. Mushy Peas, Potatoes, Vegetables. Baked Beans. Baked Skin on Peas Carrots, Peas, Baked Beans, Mixed Salad Wedges, Baked Beans, Baked Beans, Mixed Salad Baked Beans, Mixed Salad **Mixed Salad** 1 Mixed Salad Homemade Homemade Oaty Vanilla Sponge Chocolate **Giant Chocolate** Cookie (ve) Flapjack (ve) (ve) & Custard Lemon Drizzle Sponge (ve) & H@T PUDS **Chocolate Sauce** Cake (ve)







