



Hello. I'm Jade; a previous sixth form student at Ormiston Forge Academy. I studied A level Philosophy, Religion and Ethics, A level Classics, A level Art Graphics and A level Art Textiles.

Taking art subjects in the sixth form was a particularly fulfilling experience, as art has always been a passion of mine. I was allowed to experiment and develop my own style with the continued support and encouragement of Mrs Garrington and Mrs Porter. They allowed me to focus on complex and emotional themes, and supported me in exploring and processing a recent bereavement through my art work. The staff really were experts in teaching me how to effectively portray concepts, feelings and specific messages through different mediums.

By the time my final year in sixth form came around in 2018, I had made the decision to progress to university and study an art related degree. Due to the support I received from the teachers at Forge, I achieved the grades required to gain a place on the BA Hons degree in Creative Expressive Arts, Health and Well-being at the University of Derby. The degree focused on the use of the arts and other holistic methods to improve general health and wellbeing.

I graduated from the university in 2021 and gained a first class honours degree. I am now a fully qualified Expressive Practitioner and work as a Social Prescriber for the NHS. My role involves supporting patients across 4 GP surgeries to help them reconnect with their community, accessing social, fitness and recreation groups, as well as supporting them with housing, financial and social care issues.

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